

# WIC FARMERS' MARKET CALENDAR!

Nutrition Program Dates

## July 2018

### FM Locations

**EANDC Market Night:**  
550 South Arlington St.,  
Akron Ohio 444306

**HAPI Fresh Farmers' Market:**  
-The Well Akron CDC-  
647 East Market Street,  
Akron, OH 44304

**Highland Square Farmers' Market:**  
-Will Christy Park-  
1175 West Exchange  
Street, Akron, OH 44302

**Summit Lake Neighborhood Farmers' Market:**  
380 West Crosier Street,  
Akron, OH 44311

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 EANDC Market Night On Arlington (3pm-6pm)	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Highland Square Farmers' Market (4pm-7pm)	27	28
29	30	31 Summit Lake Neighborhood Farmers' Market (4pm-7pm)				



**Healthy Food Tip:**  
When starting a garden, plant the seeds and cover with dirt then water them each week and soon you will have a beautiful vegetable garden.



# WIC FARMERS' MARKET CALENDAR!

## August 2018

Nutrition Program Dates

### FM Locations

**EANDC Market Night:**  
550 South Arlington St.,  
Akron Ohio 444306

**HAPI Fresh Farmers' Market:**  
-The Well Akron CDC-  
647 East Market Street,  
Akron, OH 44304

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 HAPI Fresh Farmers' Market (4pm-7pm)	2 EANDC Market Night On Arlington (3pm-6pm)	3	4
5	6	7 Summit Lake Neighborhood Farmers' Market (4pm-7pm)	8	9 Highland Square Farmers' Market (4pm-7pm)	10	11 HAPI Fresh Farmers' Market (4pm-7pm)
12	13	14 Summit Lake Neighborhood Farmers' Market (4pm-7pm)	15	16 Highland Square Farmers' Market (4pm-7pm)	17	18
19	20	21	22 HAPI Fresh Farmers' Market (4pm-7pm)	23 Highland Square Farmers' Market (4pm-7pm)	24	25
26	27	28 Summit Lake Neighborhood Farmers' Market (4pm-7pm)	29	30 EANDC Market Night On Arlington (3pm-6pm)	31	



**Healthy Food Tip:**  
During the hot summer months, you should be drinking more water, and eating lots of fruits and vegetables.



# WIC FARMERS' MARKET CALENDAR!

Nutrition Program Dates

## September 2018

### FM Locations

**EANDC Market Night:**  
550 South Arlington St.,  
Akron Ohio 444306

**HAPI Fresh Farmers' Market:**  
-The Well Akron CDC-  
647 East Market Street,  
Akron, OH 44304

**Highland Square Farmers' Market:**  
-Will Christy Park-  
1175 West Exchange  
Street, Akron, OH 44302

**Summit Lake Neighborhood Farmers' Market:**  
380 West Crosier Street,  
Akron, OH 44311

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 HAPI Fresh Farmers' Market (4pm-7pm)	6 Highland Square Farmers' Market (4pm-7pm)	7	8
9	10	11 Summit Lake Neighborhood Farmers' Market (4pm-7pm)	12	13 EANDC Market Night on Arlington (4pm-7pm)	14	15
16	17	18	19	20 Highland Square Farmers' Market (4pm-7pm)	21	22
23	24	25	26	27	28	29



**Healthy Food Tip:**  
Make sure to start each day with a healthy breakfast such as a bowl of fresh fruit.

