

Rumor Control round 2

Rumor: This virus is a hoax that _____ political party is using to push *their* agenda!

Reality: OK. We get it. People have deeply held political convictions and lean heavily on their chosen representatives' statements and actions (at all levels of government) on a wide range of topics. COVID-19 – and the needed response to it - is no different.

However, the virus that causes COVID-19 – is very real and has no political leanings one way or the other. It doesn't care how you voted in the last election or how you plan to vote in the upcoming election. It doesn't know if your favorite color is blue, red, purple, green, etc. This virus is pretty new on the scene, it acts in ways we are just beginning to understand, and because of this it is a major concern to every human being's health....regardless of whom you want to be elected to whatever office during the next election.

At SCPH we see this as a purely PUBLIC HEALTH issue. Our community's health is our #1 priority.

Rumor: Masks don't work, and actually make you breathe less oxygen and make you breathe in more germs to get sick from!

Reality: Masks DO work to slow transmission. They keep the tiny moisture particles from your breath from wandering too far away from you. If you have the virus (even if you don't know it), you're much less likely to spread it if you regularly wear a mask correctly.

You get PLENTY of oxygen while breathing normally.

You should wear a clean mask each day.

Check out this video shared by ODH the other day. It does a great job explaining how masks reduce transmission!

<https://t.co/75LCaY0spF?amp=1>