CORONAVIRUS DISEASE 2019

Protect yourself and others from COVID-19 by taking these precautions.

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.

STAY HOME EXCEPT FOR WORK AND OTHER NEEDS
WEAR A FACE COVERING WHEN GOING OUT
PRACTICE SOCIAL DISTANCING OF AT LEAST 6 FEET FROM OTHERS
SHOP AT NON-PEAK HOURS
WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)

AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES
COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING
CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN
DON’T WORK WHEN SICK
CALL BEFORE VISITING YOUR DOCTOR

CLEAN ALL "HIGH-TOUCH" SURFACES EVERY DAY
High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Additional information from the Centers for Disease Control and Prevention: https://www.cdc.gov/coronavirus