

Wash Your Hands!



1. Wet your hands under clean, running water.
2. Get your hands **soapy**.
3. Rub your soapy hands together while singing the Happy Birthday song twice.
4. Rinse your hands under clean, running water.

5. Dry your hands with a clean towel or air dryer.



After you use the toilet.



Before you eat food or snacks.



After you cough or sneeze.



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