[Organization Logo or letter head]

**Sample Healthy Vending Policy Original Date:**

**Approval:** [Name of CEO]

**Purpose:**

[ORGANIZATION NAME ] is concerned about the health of our [population using vending machines – e.g., patients, visitors and employees];

Because:

Heart disease, stroke, diabetes and some types of cancer – which can decrease life expectancy and quality of life --are largely affected by what we eat;

Because:

Improving the nutritional quality of food sold in vending machines operated in health care settings will support the ability of North Carolinians, including [population using vending machines – e.g., patients, visitors and employees], to make healthy eating choices;

Therefore:

Effective [date], it is the policy of [organization] that:

**Section 1. Nutrition Standards**

Twenty-five percent of packaged food choices sold in all vending machines in [organization] facilities shall adhere to the following nutrition standards, recommended by the American Heart Association:

* **Snacks (expect plain nuts and nut/fruit mixes)**
	1. ≤ 200 calories per label serving\*
	2. ≤ 240 mg sodium per label serving
	3. 0 g trans-fat per label serving. (No partially hydrogenated oil)
	4. ≤ 1 g saturated fat
	5. No candy (sugar-free mints and gum are acceptable)
	6. No regular chips (baked chips and pretzels are OK)
	7. Grain-based bars ≥ 10% daily value dietary fiber and ≤ 7 g total sugars per label serving

\*label serving size may be different than the package size

* **Plain nuts and nut/fruit mixes**
	1. Serving size≤ 1.5 ounces (1 ounce preferred)
	2. ≤ 140 mg sodium per label serving

**Section 2. Implementation of Nutrition Standards**

1. Price items meeting the nutrition standards at an equivalent or lower amount than the prices of items not meeting the standards.
2. Place items meeting the nutrition standards in the top third of the vending machine, so that they are more visible.
3. Clearly label healthier food and beverage items in vending machines.
4. All contracts for operation of vending machines entered into after the date of this policy shall specify that vendors must comply with the above nutrition standards.

|  |
| --- |
|  |

Signature Title

|  |
| --- |
|  |

Name of Organization

|  |
| --- |
|  |

Date