



# Set your heart on it.

Every vaccination brings us closer to a future free of COVID-19.

The science is clear, the facts are these: Vaccines are **SAFE, EFFECTIVE** and **PROTECT LIVES**.

As you weigh whether to get vaccinated, consider that it's the first step to getting back to what you miss so much – safely. COVID-19 is more severe for some people than others:

- Communities of color
- Rural residents
- 65 and older
- Those with underlying conditions:
  - High blood pressure
  - Diabetes
- Heart attack and stroke survivors

**Get a vaccine as soon as it's available to you.** And be sure to stick to the 3 Ws: Wash your hands. Watch your distance. Wear a mask.

**VISIT [Heart.org/vaccine](https://www.heart.org/vaccine)**

Covid-19 vaccine. Set Your Heart on It.



American  
Heart  
Association.

IT'S UP TO YOU  
COVID-19 VACCINATION