

# Maternal Health and Lactation Support



During the past 12 months, did your worksite:		Yes	No	Score
1.	Have <b>and</b> promote a written policy on breastfeeding for employees? Answer "yes" if, for example, this policy is communicated at the time of hiring and/or at the time of maternity leave planning.	<input type="checkbox"/> (1 pt.)	<input type="checkbox"/> (0 pts.)	_____
2.	Provide a private space (other than a restroom) that may be used by employees to express breast milk? Answer "yes" if, for example, your worksite has a private space with an electrical outlet, comfortable chair, and sink.	<input type="checkbox"/> (2 pts.)	<input type="checkbox"/> (0 pts.)	_____
3.	Provide flexible break times to allow employees to pump breast milk?	<input type="checkbox"/> (1 pt.)	<input type="checkbox"/> (0 pts.)	_____
4.	Provide access to a breast pump at the worksite? Answer "yes" if, for example, your worksite provides on site access to a breast pump or offers insurance coverage that subsidizes the purchase of a pump for personal use.	<input type="checkbox"/> (2 pts.)	<input type="checkbox"/> (0 pts.)	_____
5.	Provide <b>and</b> promote maternal health and breastfeeding support groups, educational classes, or consultations? Answer "yes" if these programs are provided in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, peer and/or professional consultants, on site staff, or health insurance plans/programs.	<input type="checkbox"/> (3 pts.)	<input type="checkbox"/> (0 pts.)	_____
6.	Offer paid parental leave, separate from any accrued sick leave, annual leave, or vacation time?	<input type="checkbox"/> (3 pts.)	<input type="checkbox"/> (0 pts.)	_____
7.	Offer health insurance coverage with no or subsidized out-of-pocket costs for pre- and postnatal care?	<input type="checkbox"/> (3 pts.)	<input type="checkbox"/> (0 pts.)	_____
<b>Your Worksite's Maternal Health and Lactation Support Score</b>				_____
<b>Maximum Maternal Health and Lactation Support Score</b>				<b>15</b>