

# Alcohol and Other Substance Use



**During the past 12 months, did your worksite:** **Yes** **No** **Score**

1. Have **and** promote a written policy banning alcohol and other substance use at the worksite?  
 Answer “yes” if, for example, your worksite has a written policy that bans alcohol and other substance use (including opioids) at the worksite or while operating a motor vehicle, requires universal drug testing (in appropriate safety-sensitive industries), or indicates options offered for assistance and referral to behavioral health services. This policy can be communicated to employees regularly through emails, newsletters, or signage in public places.

(1 pt.)     (0 pts.)    \_\_\_\_\_

---

2. Provide access to alcohol and other substance use screening followed by brief intervention and referral for treatment when appropriate?  
 Answer “yes” if, for example, these services are provided through a health risk assessment (HRA), health insurance plan, and/or employee assistance program (EAP).

(3 pts.)     (0 pts.)    \_\_\_\_\_

---

3. Provide educational materials that help workers understand the risks of alcohol and other substance use and guide them to receive help?  
 Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address alcohol and other substance use such as prescription or illicit opioids, either as a single health topic or along with other health topics.

(1 pt.)     (0 pts.)    \_\_\_\_\_

---

4. Provide **and** promote interactive educational programming that integrates health promotion with substance use prevention?  
 Answer “yes” if, for example, your worksite offers health promotion “lunch and learns”, seminars, workshops, or classes. These may address alcohol and other substance use either directly or indirectly through topics such as stress management, conflict resolution, managing multiple priorities, personal finance planning, and team-building.

(2 pts.)     (0 pts.)    \_\_\_\_\_

---

5. Discourage or limit access to alcohol or use of company funds for alcohol at work-sponsored events?  
 Answer “yes” if, for example, your worksite limits (e.g., through tickets) the consumption of alcohol at on and off site meetings and events.

(1 pt.)     (0 pts.)    \_\_\_\_\_

---

6. Provide a health plan with insurance benefits that include substance use disorder prevention and treatment?  
 Answer “yes” if, for example, your worksite health plan offers coverage for medication-assisted treatment without prior authorization and lifetime limits, while preventing overuse of addictive substances such as use of prescription opioids, use of illicit opioids, and use of illicitly-manufactured fentanyl (e.g., reimbursement for non-drug treatments for pain relief as a result of an injury such as exercise, physical therapy, and psychological therapies, use of drug utilization review, and pharmacy lock-in).

(1 pt.)     (0 pts.)    \_\_\_\_\_

**Your Worksite’s Alcohol and Other Substance Use Score** \_\_\_\_\_

**Maximum Alcohol and Other Substance Use Score** **9**