

CYCLOSPORIASIS:

HOW DOES IT SPREAD?



Cyclospora spreads when people **eat food** or **drink water** contaminated with feces (stool).



Cyclospora is **not** spread directly from one person to another.



No specific food item or ingredient has been identified yet as the cause of this outbreak. Local, state, and federal agencies are collaborating to determine **the source** from patient interviews, but this may take some time.

Previous outbreaks in the U.S. and Canada have been linked to contaminated water and produce sources including:



Bagged salad mixes and kits

(pre-cut lettuce blends with romaine, iceberg, red cabbage, carrots, etc.)



Fresh cilantro

(coriander leaves)



Fresh basil



Raspberries



Snow peas



Green onions

(scallions)



It takes approximately **1 – 2 weeks** in the environment (outside the body) for Cyclospora to become infectious after passing in a bowel movement; this is why direct person-to-person transmission is **not likely or common**.



July 10, 2026

Content and design by
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